

Walking the Bay of Fires, TASMANIA

Tour Dates:
3 October 2010
16 January 2011



For **SINGLE WALKERS** 6 days / 5 nights
3 to 8 October 2010 (50 Years & Over) / 16 to 21 January 2011 (40 to 59 Years)

Launceston • Pyegana • Blue Tier • Bay of Fires • Binnalong Bay • Mt William National Park • Evercreech Forest Reserve • Launceston

Walking the Bay of Fires, TAS

This spectacular six day tour combines the rare and varied beauty of Tasmania's northeast. The Blue Tier is a mountain plateau and the Bay of Fires beaches are some of the most pristine in the world.

Beginning in Launceston, this six day trip heads north east and encompasses a variety of terrain and attractions, which is covered in easy and moderate day walks.

The experienced guides will bring the area alive with their local knowledge and enthusiasm for the Tasmanian Wilderness.

Trip Grading & Preparation

This is graded introductory to moderate and is suited to anyone who enjoys walking with a reasonable to good level of fitness. Fitness enables you to do more, see more or simply relax more. The best way to train for an active holiday is to simulate the activity you will be undertaking on the trip.

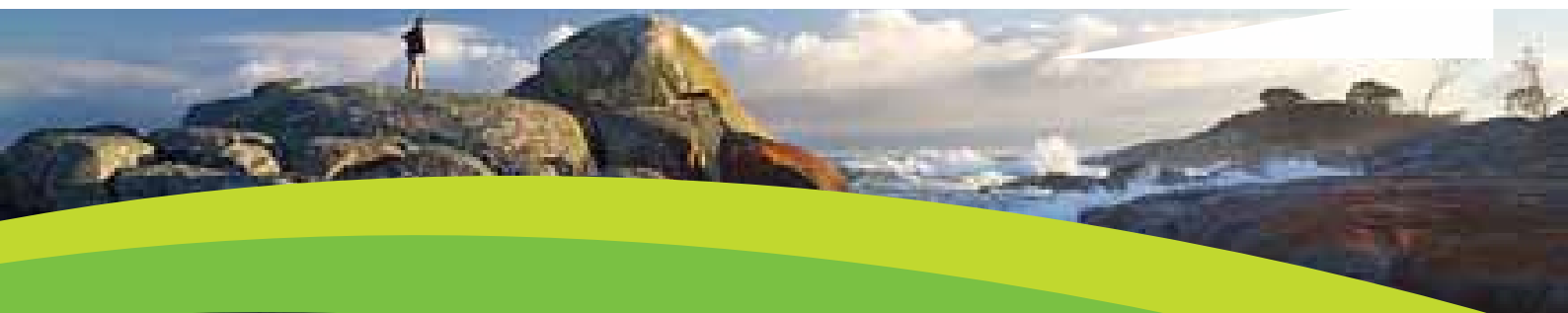
Train for uneven terrain by finding a rough narrow bush track, even just your local park or sports field, go for a lovely long walk in your trekking boots (nothing spoils a trekking holiday quite as much as poor fitting boots!) - splash in the puddles or kick up the dust! Prepare yourself for adverse conditions by getting out there at a prearranged time despite rain, hail or shine.

Trip Operator

Tasmanian Expeditions has been in operation for over 30 years. They offer economical, reliable, environmentally friendly, small group, fully inclusive adventure holidays to some of the most beautiful and pristine parts of Tasmania.

Fellow Passengers: Share your journey with other like-minded single travellers. Plus, we 'go the extra mile' and offer a pre-departure contact service to our group of guests (see *itinerary page for details*)

aRendezvous



Small group - limited places. Book early to secure your place.



TOP 5 REASONS TO BOOK

1. Age-matched holiday groups
2. Travel with like-minded singles
3. Tours provided by leading tour operators
4. Early bird savings with many tours
5. Room-mate matching option

Tour Inclusions

- 2 experienced guides
- 5 nights accommodation with separate facilities
- All meals; lunch day 1 until lunch day 6
- Bus transfers and support
- Waterproof jackets and over-pants
- All linen except towel
- Communications for emergency use
- Group first aid kit
- All cooking & eating equipment

Tour Dates

Sunday 3 - Friday 8 October 2010
For Ages 50 Years & Over
(bookings close 3 August 2010*)

Sunday 16 - Friday 21 January 2011
For Ages 40 to 59 Years

*Bookings will close before published date if places sell out.



Accommodation on Trip

The first two nights will be spent at 'The Pub in the Paddock' at Pyengana. There are 9 bedrooms available at the property (double, twin and/or triple share). The remaining three nights of the tour will be spent at Binalong Bay in large rental holiday homes that are booked many months in advance. Larger groups will be divided up between two houses that are close to one another. If you are travelling alone you will be accommodated with others (same gender) as either twin or triple share.

The Pre and/or Post tour hotel is the Old Bakery Inn, Launceston. The room rate provided does not include breakfast.

Tour Prices

Prices Per Person AUD	Share	Single Room
Tour price	\$1995	n/a
Pre/Post Tour Hotel, Launceston	\$66.50	\$133

What to Bring

A detailed list will be provided with pre departure information. In brief, you need to bring: jumpers, thermal tops, thermal pants, t-shirts, warm trousers, walking trousers, walking socks, gloves, sunhat, beanie, underwear, boots/shoes for walking, shoes/sandals, daypack, torch, sunglasses, water bottle, towel, swimwear, sunscreen, insect repellent, camera, binoculars, books.

About Us

At A Rendezvous for Singles we offer holiday groups for single travellers, visiting destinations across Australia and around the globe. From short tropical escapes to adventure trips and leisurely touring, all trips are age-matched and enjoyed with a group of like-minded people.

Contact Us

Monday to Thursday 10:00 am to 6:00 pm
Friday 10:00 am to 5:00 pm (AEST)

Phone 1300 653 692
Fax 02 8001 6196
Email holidays@arendezvous.com.au
Website arendezvous.com.au

Itinerary for Walking the Bay of Fires



Day 1: Launceston to Pyengana via Derby & Waterfalls

Walking Distance: up to 10km
Overnight: Pub in the Paddock, Pyengana
Time: 3-5 hours

Today you will be picked up from your accommodation in Launceston between 8.00am and 8.30am & transferred to a pre-departure briefing at the Arthouse Hostel in Launceston beginning at 8.30am. Your guides will present a general overview of the trip, conduct a gear check and provide you with the opportunity to hire/borrow any equipment/clothing that you may need. After the briefing we drive approximately 90 minutes north east of Launceston to the Derby Tin Mine Centre (www.trailofthetindragon.com) where we discover the story of how this small township was once the world's largest exporter of tin ore. The afternoon is spent exploring nearby waterfalls such as Ralph Falls, Cuckoo Falls and St Columba Falls. We overnight at the quaint 'Pub in the Paddock' at Pyengana where we will enjoy a traditional country pub meal. This is the first of two nights we will spend at Pyengana which is an aboriginal word meaning the meeting of two rivers. **MEALS: Lunch, Dinner**

Day 2: Blue Tier Exploration

Walking Distance: up to 10k. Time: up to 8hrs
Overnight: Pub in the Paddock, Pyengana

Our morning walk today takes us to the foothills of the Blue Tier where we visit a pocket of remnant old growth rainforest containing giant Eucalypt & Myrtle Tree's. The highlight of this spectacular 90 minute circuit walk is the opportunity to see 'The Big Tree' which has a massive girth of 19.4m and has braved the tests of time & nearby forestry activity. Next we drive up to the Blue Tier Nature Reserve and enjoy a picnic lunch at the site which was once a thriving mining town called Poimena. Now deserted, this reserve becomes our base for the afternoon from which we can enjoy a selection of the following walks:

Australia Hill Circuit Walk: This 2 hour walk has great aboriginal significance and fantastic views back to Ben Lomond and surrounding mountains.

Weldborough Creek Walk: A walk through regenerating rainforests that displays remnants of the regions tin mining history.

Moon Rim Walk: This 2 hour circuit walk takes us to the summit of Mt Poimena providing great views to the east coast, St. Helens and the Furneaux Island Group.

Three Notch Track: Follows an old mining pack trail to McGoughs lookout – superb views of the coastline.

If time permits, we will stop by the historic

Pyengana Cheese Factory and enjoy a cheese tasting and cup of coffee before making our way back to the Pub in the Paddock where your guides will prepare a delicious evening meal.
MEALS: Breakfast, Lunch, Dinner

DAY 3: Waterfalls in the Blue Tier

Walking Distance: up to 10km
Overnight: Binalong Bay
Time: up to 6 hours

Today we may return to Poimena to complete any of the above walks that were missed out on yesterday before we visit the historic site of the Anchor Stamper Batteries, where mining relics are disappearing into the regenerating cool temperate rainforests. Another option is the two hour Mt Michael Circuit Walk which on a clear day, provides us with spectacular views of the surrounding area and peaks. After lunch we depart for the coastal town of St. Helens where we enjoy some free time to explore the local stores, enjoy a coffee and perhaps purchase some Tasmanian beer and wine that can be enjoyed over the following three nights at our spacious holiday houses at Binalong Bay.
MEALS: Breakfast, Lunch, Dinner

DAY 4: Bay of Fires Beach Walk

Walking Distance: 14km. Time: up to 6-8hrs
Overnight: Binalong Bay

Today we set out to explore the Bay of Fires Conservation Area by walking along the isolated coastline from Policeman's Point to The Gardens. We spend the whole day exploring pristine, white sandy beaches, rock pools and ancient aboriginal middens (shell & bone deposits) under the watchful gaze of various sea birds usually circling overhead. Along the way we will stop for lunch and the opportunity to have a swim or to simply sit back and take in the breathtaking views of the iconic orange lichen covered granite rocks contrasting with the aquamarine colour of the sea – an image that is representative of Tasmania's spectacular east coast. When our walking is complete, we will be driven the short distance back to our accommodation at Binalong Bay to enjoy dinner and each others company as the sun sets over the bay.

MEALS: Breakfast, Lunch, Dinner

Day 5: Eddystone Lighthouse & Mt. William National Park

Walking Distance: up to 10 kms. Time: up to 6 hrs
Overnight: Binalong Bay

This morning we drive to the northern most end of the Bay of Fires Conservation Area to see Eddystone Lighthouse which was constructed in 1889. We will explore the surrounding coves before continuing to Mt. William National Park to see one of the only areas where Forrester Kangaroos still exist in Tasmania.

After lunch at Stumpy's Bay we make our way through coastal vegetation to Mt. William and

climb to the summit to enjoy spectacular views of the east coast, Flinders Island, Cape Barren Island, Eddystone Lighthouse and even Ben Lomond!

MEALS: Breakfast, Lunch, Dinner

DAY 6 : St. Mary's and Evercreech Forest Reserve

Walking Distance: up to 6km. Time: 3-4 hours

This morning we enjoy a private encounter with Gloria Andrews, a local aboriginal elder who shares the story of her cultural heritage with us and may show us examples of aboriginal basket work, tools etc that have been passed down through the generations in her family.

Saying farewell to the East Coast we drive to Evercreech Forest Reserve to see the tallest white gums in the world that stand over 90m high and are referred to as the 'White Knights'. Here we have the opportunity to explore two short walking tracks that take us through forests of Blackwoods & Manferns and to the picturesque Evercreech Falls. After lunch we drive past Mathinna and return to Launceston via forestry roads. You will be dropped off at your accommodation at approx 5pm and usually the group arranges to meet later that evening to share a final meal in Launceston together.

MEALS: Breakfast, Lunch

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

WHAT YOU CARRY

The Blue Tier and Bay of Fires Tour offers a series of day walks. During the day walks you will need to carry a small backpack. It needs to contain water bottles/bladder of 2L capacity, warm and waterproof clothing, sun protection cream and clothing, your camera and a snack that your guide may offer before departing the bus. It needs to be at least 25-40 Litre capacity and should not weigh more than about 7 kg max once packed.

PRE-DEPARTURE CONTACT SERVICE.

*With your permission, we share your first name, state and email (or other preferred contact method) with the rest of the travellers on your tour from **A Rendezvous for Singles**, prior to departure. This provides the opportunity to get in touch with others in the group prior to travel. This contact list is provided after bookings close.*

TERMS AND CONDITIONS

Full terms and conditions are available on the holiday website. Information was correct at the time of publishing however some details may change without notice. This holiday is provided by Tasmanian Expeditions.

This holiday is offered to the A Rendezvous for Singles community.