

Heysen Trail & Flinders Ranges

Tour Date:
Departs 1 August 2010



For **SINGLE WALKERS 40 to 59 Years**
7 days / 6 nights

Adelaide • Clare Valley • Flinders Ranges • Adelaide

Heysen Trail & Flinders Ranges Trek, SA

The arid ranges of Australia offer some of the finest walking country anywhere in the world. The combination of spectacular peaks, rugged gorges and the rich colours of the desert offer trekkers an unforgettable experience. The Flinders Ranges of South Australia are regarded as perhaps the most spectacular of all the arid mountain ranges. The trip offers some of the best sections of the Heysen Trail in the Flinders Ranges and is combined with a wonderful Clare Valley winery tour. You will enjoy walking with just a daypack, while comfortable camps are set up with 4WD support. A traverse of Wilpena Pound and St Mary's Peak (1170m), combined with gorges and rolling green hills, ensure this trip balances challenge and discovery in the outback with relaxation.

Trip Grading

To determine the grade of a particular adventure World Expeditions considers a number of factors. These include the condition of the walking terrain, altitude and the length of the trek. The Heysen Trail trek is a 7 day trek graded introductory to moderate. This trek involves 6 – 8 hours walking each day over rugged terrain with some steep ascents and descents.

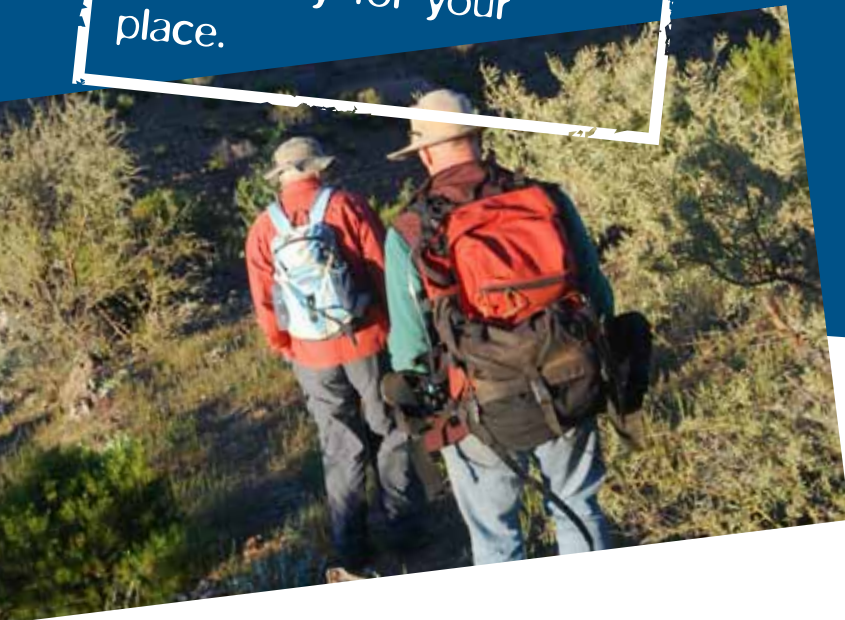
Fellow Passengers: Share your journey with other like-minded single travellers. Plus, we 'go the extra mile' and offer a pre-departure contact service to our group of guests (see [itinerary page for details](#))

Trip Operator

World Expeditions is the trip operator. They are passionate about off the beaten track experiences that visit wilderness regions of great natural beauty. They are also committed to making sure that the range of unique itineraries are well researched, affordable and tailored for the enjoyment of small groups - philosophies that have been at their core since 1975 when they began operating adventure holidays. The itineraries will give you the very best travel experience, designed by people with incredible local knowledge who share our vision of authentic exchange and real exploration with a responsible tourism approach.

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Small group walking.
Book early for your
place.



TOP 5 REASONS TO BOOK

1. Age-matched holiday groups
2. Travel with like-minded singles
3. Tours provided by leading tour operators
4. Early bird savings with many tours
5. Room-mate matching option

Tour Inclusions

- 6 nights camping
- 6 breakfasts
- 7 lunches
- 6 dinners
- professional wilderness guide & support staff
- all group camping equipment including tents, swags for sleeping, stoves & eating utensils
- all entrance and camping fees
- emergency communications and group
- first aid kit
- 4WD transport from Adelaide
- Optional room/tent mate matching
- Optional pre / post trip hotel, Adelaide

Tour Dates

Sunday 1 - Saturday 7 August 2010
(bookings close 15 June 2010*)

**Bookings will close before published date if places sell out.*

Tour Prices

Prices Per Person AUD	Twin Share	Single Room
Tour price	\$1995	\$2045
Pre/Post Tour Hotel, Adelaide	\$90	\$180

Pre / Post Tour Hotel is the Majestic Roof Garden, Adelaide 4.5 star. The prices quoted above for pre/post tour hotel does not include breakfast.

About Us

At A Rendezvous for Singles we offer holiday groups for single travellers, visiting destinations across Australia and around the globe. From short tropical escapes to adventure trips and leisurely touring, all trips are age-matched and enjoyed with a group of like-minded people.

Contact Us

Monday to Thursday 10:00 am to 6:00 pm
Friday 10:00 am to 5:00 pm (AEST)

Phone 1300 653 692
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Itinerary for Heysen Trail and The Flinders Ranges, SA



DAY 1: Riesling Trail (7km), Clare Valley & Davey's Gully Hike (2.5km), Mt Remarkable National Park

We pick you up from your accommodation in Adelaide between 7:00 and 7:30am, driving north to one of Australia's premier wine growing regions, the picturesque Clare Valley. We walk along a historic railway line on the Riesling Trail arriving at Seven Hill, Clare Valley's oldest winery - a chance to try some of the regions finest wine followed by a picnic lunch in the peaceful gardens. We travel further north to Mt Remarkable National Park where we enjoy a late afternoon hike to Davey's Gully with spectacular views of Spencer Gulf and the southern Flinders Ranges. Our camp tonight is in the park where we sleep under the stars, surrounded by Sir Hans Heysen's inspiration - the magnificent River Red Gum.

Meals: L, D

DAY 2: Alligator Gorge Hike (13km)

Waking early from our bush camp we walk amongst towering River Red Gums enjoying the tranquil beauty of the rocky creek line. A wonderful opportunity for us to see wallabies and kookaburras as our path meanders between water holes. The trail winds between Native Pines as we ascend into Mallee woodlands providing spectacular views of Mount Remarkable National Park. After following an old fire track, we descend into the lush wonder of Alligator Gorge - time to explore one of the Flinders' best-kept secrets. Driving north we stop in Quorn for a chance to enjoy a scrumptious Quandong Pie before arriving at stunning Arkaba Station bush camp.

Meals: B, L, D

DAY 3: Moralana Creek to Wilpena Pound (13km)

We take a short drive from camp to the start of our walk on the Heysen Trail, ascending the southern slopes of Wilpena Pound. Upon reaching the saddle we are rewarded by views back south over the Elder Range then a nice gentle slope and easy trail leads us down and through Native Pine forests and the pound itself. After completing the walk we take a short drive to our private bush camp at Willow Springs Station where we spend the next two nights.

Meals: B, L, D

DAY 4: Ascending St Mary's Peak (16km)

A hearty breakfast prepares us for a challenging yet breath-taking climb to the summit of St Mary's Peak, the highest peak in the Flinders Ranges at 1170m. Perched on the edge of Wilpena Pound we have stunning views along the ABC Range and the Pound itself. We then retrace our steps back through this mighty landscape.

Meals: B, L, D

DAY 5: Bunyeroo Gorge and Aroona Hut (17km)

With the northern mountains of Wilpena Pound as our backdrop, we hike through Native Pine woodlands in Bunyeroo Valley, enjoying glorious

views of the peak we summited the day before. Following the Heysen Trail we wind our way into spectacular Bunyeroo Gorge. A short transfer takes us to our secluded bush camp at Aroona Hut, nestled in the foothills of the magnificent Heysen Range. Discover the early pastoral history of the Aroona homestead and ruins or just relax and watch kangaroos grazing at dusk.

Meals: B, L, D

DAY 6: Yuluna Hike (8km)

Setting off from the historic Aroona homestead and its restored pug and pine hut, this hike leads through the landscape that inspired artist Sir Hans Heysen on his numerous visits to the Flinders Ranges. The trail weaves through an impressive valley in the ABC Range. As we pass through the ABC Range, the high north-facing slopes of quartzite on our left are clad with porcupine grass and scattered gum-barked coolibah, while the cooler south-facing slope on our right carries pine and silver wattle. We enjoy a picnic lunch before heading south to tonight's camp in Warren Gorge.

Meals: B, L, D

DAY 7: The Dutchman's Valley Hike (10.5km)

After a short drive to Dutchman's Stern conservation Park we enjoy a great walk amongst Sugar Gums and Bottle Brush forests. The top of the Stern provides spectacular views of Spencer Gulf, the southern Flinders Ranges and the shimmering salt expanse of Lake Torrens. We follow the trail as it loops back to our starting point, by which time we are ready for another delicious lunch while enjoying our last moments on the Heysen Trail. Driving through the Pichi Richi Pass we head south to Adelaide where our trip concludes.

Meals: B, L

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

CLIMATE

Generally speaking, the weather is fine in the Flinders Ranges and there is plenty of sun. We go in the coolest part of the year as this is the most comfortable time for trekking in the Flinders Ranges. Daytime temperatures in April - May are mild while June - July can be cool to cold. From August to October, the days get progressively warmer and late in the season the occasional hot day may require us to modify the days trekking to suit the conditions. In the desert, night time temperatures can be cold at any time of year. From late May through to early August, the evenings can be very cold (down to minus 5C° / 24F°). On rare occasions, rain can force us to alter our schedule. a typical day

A TYPICAL DAY

This adventure is operated solely by World Expeditions. The vehicles used for transport on the Heysen Trail are Toyota Landcruisers and the

group is a maximum of 14 passengers plus a driver per vehicle. The vehicles are registered as commercial tourist (passenger carrying) vehicles.

ACCOMMODATION ON THE TRIP

During the trip you camp with swags (a three inch thick foam mattress with a canvas cover) and tents. You will be experiencing the outback style of camping, so your participation in the quest for fun and adventure will be appreciated and will make for a more enjoyable experience. Some days are easier than others. The group moves from gorges to ridgelines, and as such there is a reasonable degree of uphill and downhill climbing and the rocky ground can be rugged at times.

WHAT YOU CARRY

The Heysen Trail Trek is a fully supported, accommodated trek. You will need to carry just a day-pack with your water and other items. You should plan on carrying at least 3 litres of water every day.

EQUIPMENT REQUIRED

Specialist gear required include walking boots and day pack (a comprehensive gear list is provided in the pre-departure information provided on booking).

PRE-DEPARTURE CONTACT SERVICE.

*With your permission, we share your first name, state and email (or other preferred contact method) to the rest of the travellers on your tour from **A Rendezvous for Singles**, prior to departure. It's a popular choice, especially as most guests usually book solo. This provides the opportunity to get in touch with others in the group prior to travel. This contact list is provided after bookings close.*

TERMS AND CONDITIONS. Full terms and conditions are available on the holiday website. Information was correct at the time of publishing however some details may change without notice. This holiday is provided by World Expeditions Lic No. 2TA 001418.

This holiday is offered to the A Rendezvous for Singles community.