



arendezvous heysen trail and the flinders ranges



trip highlights

St Marys Peak

Arid trekking

Clare Valley winery tour



Trip Duration	7 days
Grade	Introductory to Moderate level
Activities	Trekking
Accommodation	6 nights camping

welcome to World Expeditions

Thank you for your interest in our aRendezvous Heysen Trail and the Flinders Ranges trip. At World Expeditions we are passionate about off the beaten track experiences as it provides our travellers with the thrill of coming face to face with untouched cultures as well as wilderness regions of great natural beauty. We are also committed to making sure that our range of unique itineraries are well researched, affordable and tailored for the enjoyment of our small groups or individuals - philosophies that have been at our core since 1975 when we began operating adventure holidays. The itineraries will give you the very best travel experience, designed by people with incredible local knowledge who share our vision of authentic exchange and real exploration with a responsible tourism approach. Whether you like your adventures to include trekking, touring, cycling, mountaineering, kayaking or cruising World Expeditions can make it happen for you. We hope you will join us for a life changing experience!

why travel with World Expeditions?

World Expeditions Australian Treks have been in continuous operation for more than 30 years, offering economical, reliable, environmentally friendly small group fully inclusive adventure holidays to some of the most beautiful pristine parts of Australia. Our trips cater for people from many walks of life, age groups and motivations. World Expeditions offers more than 30 tailored Australian itineraries that incorporate trekking, walking, rafting, cycling and climbing throughout Australia.



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trip dates

2010 01 Aug - 07 Aug

World Expeditions does not require single travellers pay a surcharge for travelling alone. On all of our adventures we will arrange for you to share accommodation with another traveller of the same sex and if we can not match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room.

the trip

The arid ranges of Australia offer some of the finest walking country anywhere in the world. The combination of spectacular peaks, rugged gorges and the rich colours of the desert offer trekkers an unforgettable experience. The Flinders Ranges of South Australia are regarded as perhaps the most spectacular of all the arid mountain ranges. We have selected some of the best sections of the Heysen Trail in the Flinders Ranges and combined it with a wonderful Clare Valley winery tour. And like our Bibbulmun and Larapinta Treks, you will enjoy walking with just a daypack, while our comfortable camps are set up with 4WD support. A traverse of Wilpena Pound and St Mary's Peak (1170m), combined with gorges and rolling green hills, ensure this trip balances challenge and discovery in the outback with relaxation.

at a glance

DAY 1	RIESLING TRAIL (7KM), CLARE VALLEY, AND DAVEY'S GULLY HIKE (2.5KM), MT REMARKABLE NATIONAL PARK
DAY 2	ALLIGATOR GORGE HIKE (13KM)
DAY 3	MORALANA CREEK TO WILPENA POUND (13KM)
DAY 4	ASCENDING ST MARY'S PEAK (16KM)
DAY 5	BUNYEROO GORGE AND AROONA HUT (17KM)
DAY 6	YULUNA HIKE (8KM)
DAY 7	THE DUTCHMAN'S VALLEY HIKE (10.5KM)

what's included

- 6 breakfasts, 7 lunches and 6 dinners
- professional wilderness guide and support staff
- all group camping equipment, including tents, swags for sleeping, stoves and eating utensils
- all entrance and camping fees
- emergency communications and group first aid kit
- 4WD transport from Adelaide

No local payments policy: Local cash payments are becoming increasingly popular with many operators. The policy seems to benefit the tour operators, more than the local economies or travellers, as it avoids local taxes and transfers the cost and risk of cash handling to travellers. In accordance with our Responsible Travel practices.

detailed itinerary

DAY 1 Riesling Trail (7km). Clare Valley. and Davey's Gully Hike (2.5km). Mt Remarkable National Park

We pick you up from your accommodation in Adelaide between 7:00 and 7:30am, driving north to one of Australia's premier wine growing regions, the picturesque Clare Valley. We walk along a historic railway line on the Riesling Trail arriving at Seven Hill, Clare Valley's oldest winery - a chance to try some of the regions finest wine followed by a picnic lunch in the peaceful gardens. We travel further north to Mt Remarkable National Park where we enjoy a late afternoon hike to Davey's Gully with spectacular views of Spencer Gulf and the southern Flinders Ranges. Our camp tonight is in the park where we sleep under the stars, surrounded by Sir Hans Heysen's inspiration - the magnificent River Red Gum.

Meals: L, D

DAY 2 Alligator Gorge Hike (13km)

Waking early from our bush camp we walk amongst towering River Red Gums enjoying the tranquil beauty of the rocky creek line. A wonderful opportunity for us to see wallabies and koalahurras as



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fast facts

Private Groups:
Private group options are available
for this trip*

Singles:
A single supplement is available
for this trip*

Leader:
Expert local leader

Brochure Reference:
Australian Walking Holidays

our path meanders between water holes. The trail winds between Native Pines as we ascend into Mallee woodlands providing spectacular views of Mount Remarkable National Park. After following an old fire track, we descend into the lush wonder of Alligator Gorge - time to explore one of the Flinder's best-kept secrets. Driving north we stop in Quorn for a chance to enjoy a scrumptious Quandong Pie before arriving at stunning Arkaba Station bush camp.

Meals: B, L, D

DAY 3 Moralana Creek to Wilpena Pound (13km)

We take a short drive from camp to the start of our walk on the Heysen Trail, ascending the southern slopes of Wilpena Pound. Upon reaching the saddle we are rewarded by views back south over the Elder Range then a nice gentle slope and easy trail leads us down and through Native Pine forests and the pound itself. After completing the walk we take a short drive to our private bush camp at Willow Springs Station where we spend the next two nights.

Meals: B, L, D

DAY 4 Ascending St Mary's Peak (16km)

A hearty breakfast prepares us for a challenging yet breath-taking climb to the summit of St Mary's Peak, the highest peak in the Flinders Ranges at 1170m. Perched on the edge of Wilpena Pound we have stunning views along the ABC Range and the Pound itself. We then retrace our steps back through this mighty landscape.

Meals: B, L, D

DAY 5 Bunyeroo Gorge and Aroona Hut (17km)

With the northern mountains of Wilpena Pound as our backdrop, we hike through Native Pine woodlands in Bunyeroo Valley, enjoying glorious views of the peak we summited the day before. Following the Heysen Trail we wind our way into spectacular Bunyeroo Gorge. A short transfer takes us to our secluded bush camp at Aroona Hut, nestled in the foothills of the magnificent Heysen Range. Discover the early pastoral history of the Aroona homestead and ruins or just relax and watch kangaroos grazing at dusk.

Meals: B, L, D

DAY 6 Yuluna Hike (8km)

Setting off from the historic Aroona homestead and its restored pug and pine hut, this hike leads through the landscape that inspired artist Sir Hans Heysen on his numerous visits to the Flinders Ranges. The trail weaves through an impressive valley in the ABC Range. As we pass through the ABC Range, the high north-facing slopes of quartzite on our left are clad with porcupine grass and scattered gum-barked coolibah, while the cooler south-facing slope on our right carries pine and silver wattle. We enjoy a picnic lunch before heading south to tonight's camp in Warren Gorge.

Meals: B, L, D

DAY 7 The Dutchman's Valley Hike (10.5km)

After a short drive to Dutchman's Stern Conservation Park we enjoy a great walk amongst Sugar Gums and Bottle Brush forests. The top of the Stern provides spectacular views of Spencer Gulf, the southern Flinders Ranges and the shimmering salt expanse of Lake Torrens. We follow the trail as it loops back to our starting point, by which time we are ready for another delicious lunch while enjoying our last moments on the Heysen Trail. Driving through the Pichi Richi Pass we head south to Adelaide where our trip concludes.

Meals: B, L

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

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responsible travel

The environments we travel through are fragile. It is our responsibility as visitors to minimise the impact of our presence.

World Expeditions were the proud recipients of the inaugural Australian National Travel Industry's Environmental Achievement award for our Responsible Travel Guidebook.

This detailed guide to responsible & sustainable travel is provided to all World Expeditions clients before they travel. Please ask your consultant if you have not received your copy of our award winning book.

Alternatively, you may like to download a copy from our website

www.worldexpeditions.com

trip grading

To determine the grade of a particular adventure we consider a number of factors. These include the condition of the walking terrain, altitude and the length of the trek. The Heysen Trail trek is a 7 day trek graded introductory to moderate. This trek involves 6 – 8 hours walking each day over rugged terrain with some steep ascents and descents.

In order to complete this trek we advise that you undertake regular three or four times a week for at least three months prior to your departure.

Hill walking with a daypack is recommended.

climate

Generally speaking, the weather is fine in the Flinders Ranges and there is plenty of sun. We go in the coolest part of the year as this is the most comfortable time for trekking in the Flinders Ranges. Daytime temperatures in April – May are mild while June - July can be cool to cold. From August to October, the days get progressively warmer and late in the season the occasional hot day may require us to modify the days trekking to suit the conditions. In the desert, night time temperatures can be cold at any time of year. From late May through to early August, the evenings can be very cold (down to minus 5C° / 24F°). On rare occasions, rain can force us to alter our schedule.

a typical day

This adventure is operated solely by World Expeditions. The vehicles we use for transport on our Heysen Trail are Toyota Landcruisers. We take a maximum of 14 passengers plus a driver per vehicle. Our vehicles are registered as commercial tourist (passenger carrying) vehicles. During the trip you camp with swags (a three inch thick foam mattress with a canvas cover) and tents. You will be experiencing the outback style of camping, so your participation in the quest for fun and adventure will be appreciated and will make for a more enjoyable experience. The detailed itinerary indicates the walking distances for each day. Some days are easier than others. We move from gorges to ridgelines, and as such there is a reasonable degree of uphill and downhill climbing and the rocky ground can be rugged at times.

accommodation on the trip

During the trip you camp with swags* and tents. You will be experiencing the outback style of camping, so your participation will be appreciated. The guides will prepare all the meals and run the camp, however you will be asked to contribute by putting up your own tents and rolling out swags. Participation around the camp will make for a more enjoyable experience for everybody.

Most groups are made up of a mixture of single participants and couples. If you are travelling alone you will share a tent with someone of the same sex. This usually sorts itself out naturally.

A single tent supplement is available on this trip for the additional cost of \$50/person.

what you carry

The Heysen Trail Trek is a fully supported, accommodated trek. You will need to carry just a day-pack with your water and other items. You should plan on carrying at least 3 litres of water every day.

equipment required

Specialist gear required include walking boots and day pack (a comprehensive gear list is provided in the pre-departure information provided on booking).

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adventure travel

By its very nature adventure travel involves an element of the unexpected. In remote and developing countries do not expect standards you are used to at home.

Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant of travel agent.

important note

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to the itinerary and price.

what's not included

- Airfares
- Accommodation in Adelaide prior and post trip
- Items of personal nature such as laundry and postage
- Backpacks
- Sleeping bags (these can be hired for \$20 ea)
- Alcoholic beverages
- Travel Insurance

info nights

World Expeditions invites you to attend our inspiring adventure travel slide shows. These special evenings are designed to inform and entertain and are hosted by our most experienced and passionate adventure travellers and mountaineers. Ask our staff for a slide show schedule or register on our website - www.worldexpeditions.com. Shows can fill early so it is important to register your attendance so we know to save a seat, or two!

subscribe to our newsletter

Subscribe to our newsletter! To keep up to date with our new and exciting adventure opportunities, special promotions and adventure news, subscribe to our monthly newsletter! You can do this online through our website, www.worldexpeditions.com or contact our office.

trip availability

If this trip seems right for you then we encourage you to call us now to check availability as we operate strictly small group adventures. Many of our adventures require us to secure services on your behalf; such as permits, hotels and flights to name but a few. The demand for these services is increasing each year making it difficult to join a trip last minute. To ensure we can assist you onto your adventure of a lifetime we ask that you check your trip availability with our team at your earliest convenience.

how to book

This trip is operated by World Expeditions. This trip is not exclusive to A Rendezvous for Singles. We have 6 places (of the total 14 places) on this trip reserved for A Rendezvous Trekkers. We may also confirm more or less than 6 places for A Rendezvous clients, subject to demand and availability. Other trekkers may book from other channels and they are not guaranteed to be single, however, everyone in the group however will have the trekking spirit!